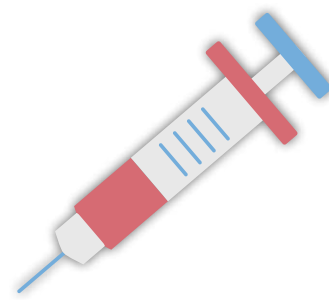


GIVING FIRST AID -GUIDE-



**WHAT IS
FIRST AID?**



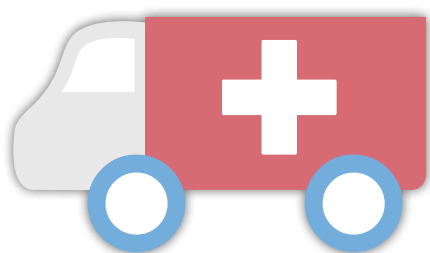
**PURPOSE OF
FIRST AID**



**BASIC
PRINCIPLES**



EMERGENCIES

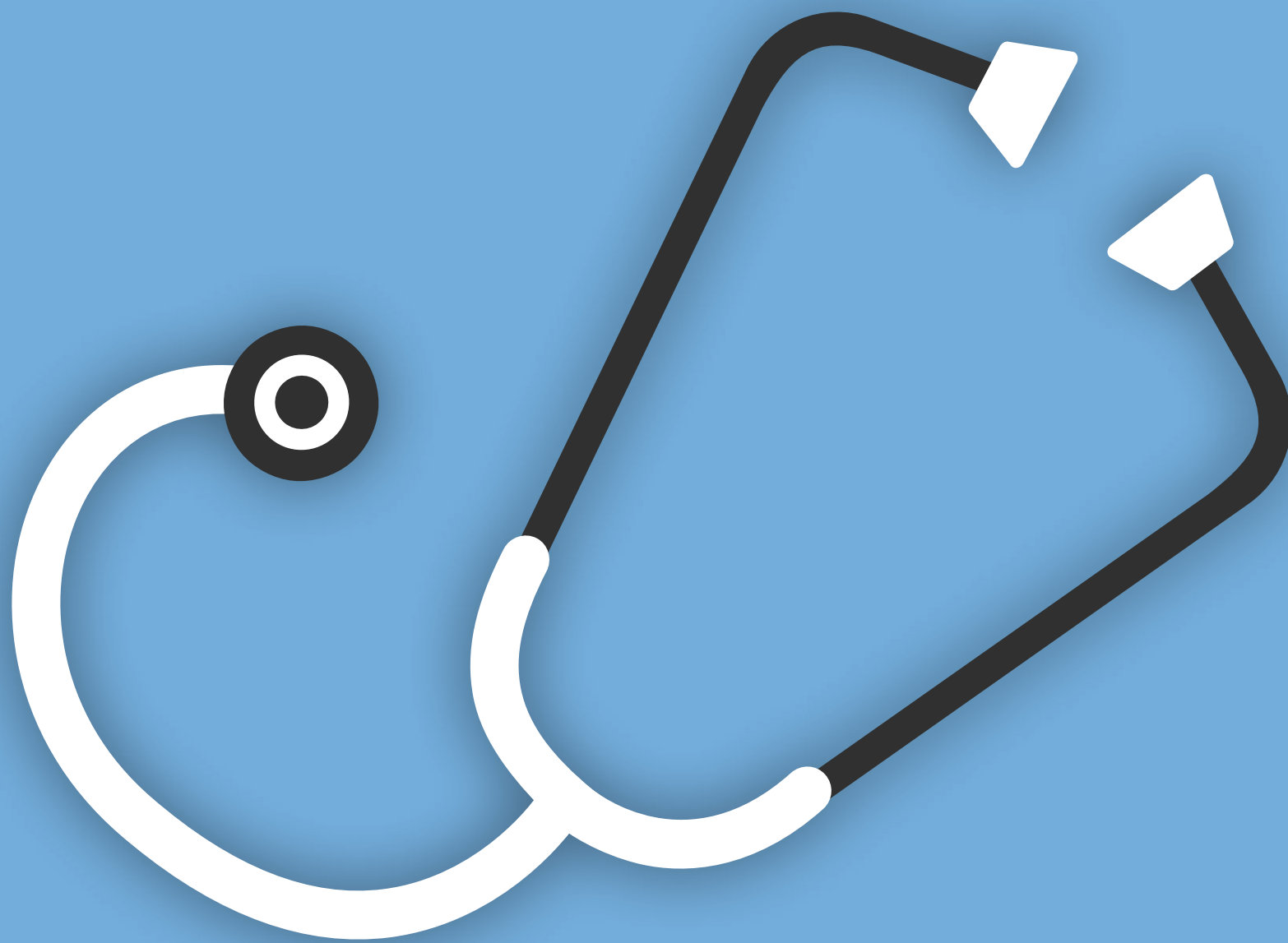


**MANAGE
AN INCIDENT**



**CALLING
FOR HELP**

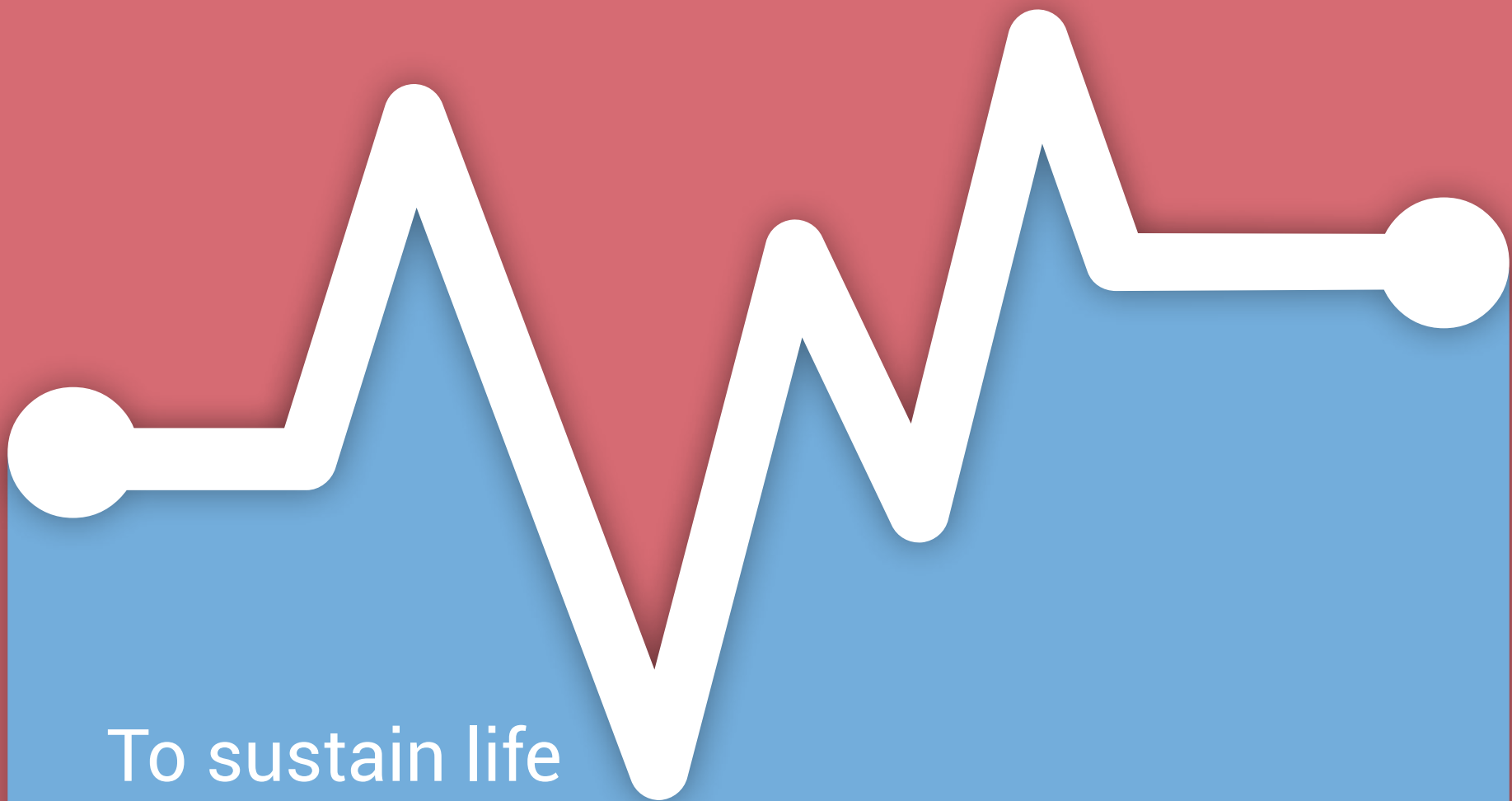
WHAT IS FIRST AID?



The initial process of assessing and addressing the needs of someone who is experiencing medical emergencies. It allows a non-medical expert to quickly determine a person's physical condition and the correct course of treatment.



PURPOSE OF FIRST AID



To sustain life

To prevent suffering

To prevent secondary complications

To promote speedy recovery

To prepare for further medical treatment





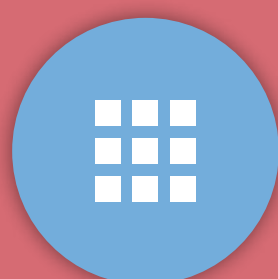
BASIC PRINCIPLES

Obtain a correct detailed history of victim

Observe and examine every symptom

Treat the casualty until moved to a nearby hospital

Keep phone numbers of doctors and police

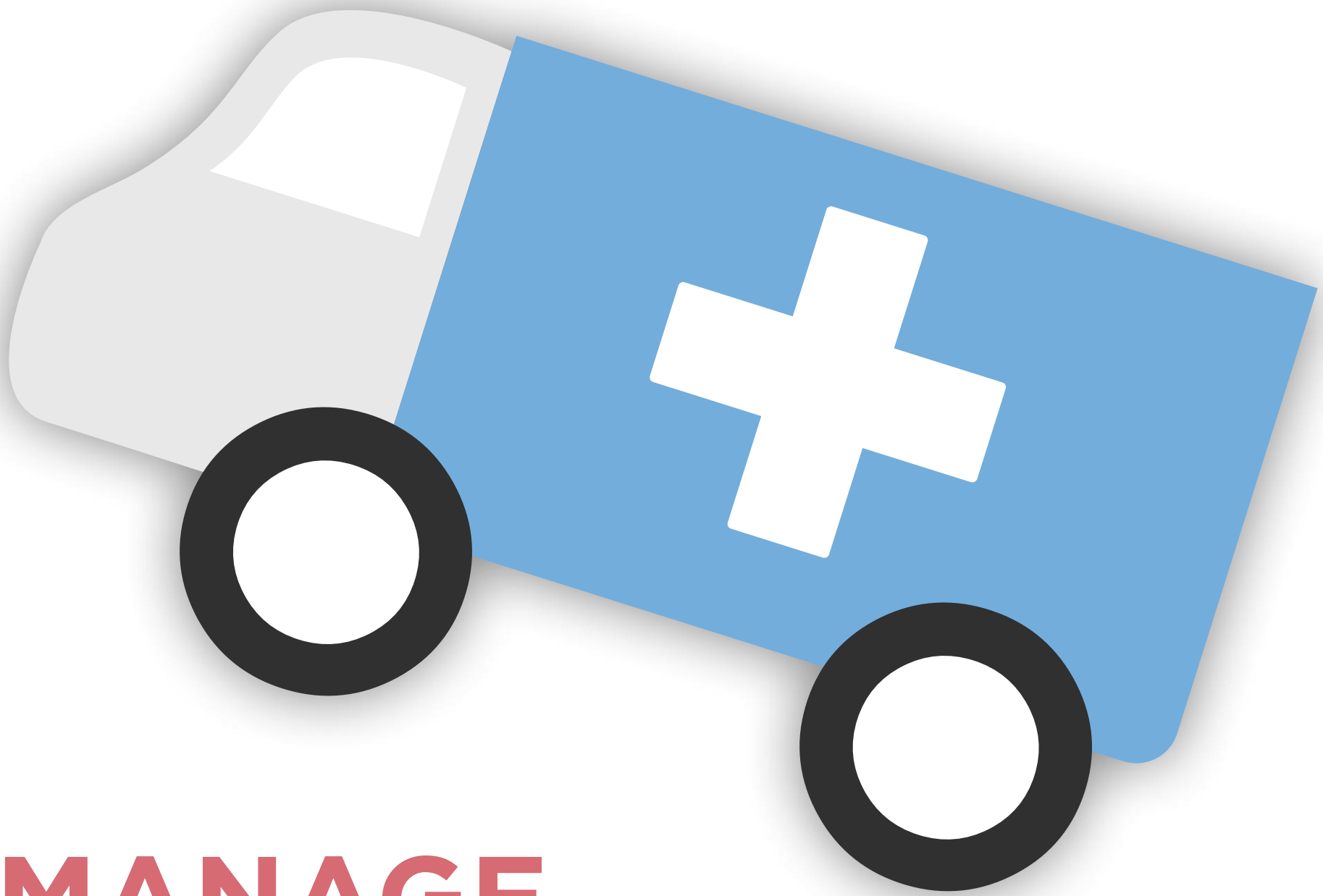




EMERGENCIES

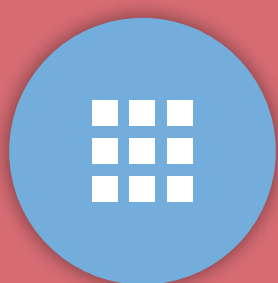
If you are the first on the scene of accident that results in an injury or serious illness, your role is to take action, whether by providing first aid, seeking medical or police help.

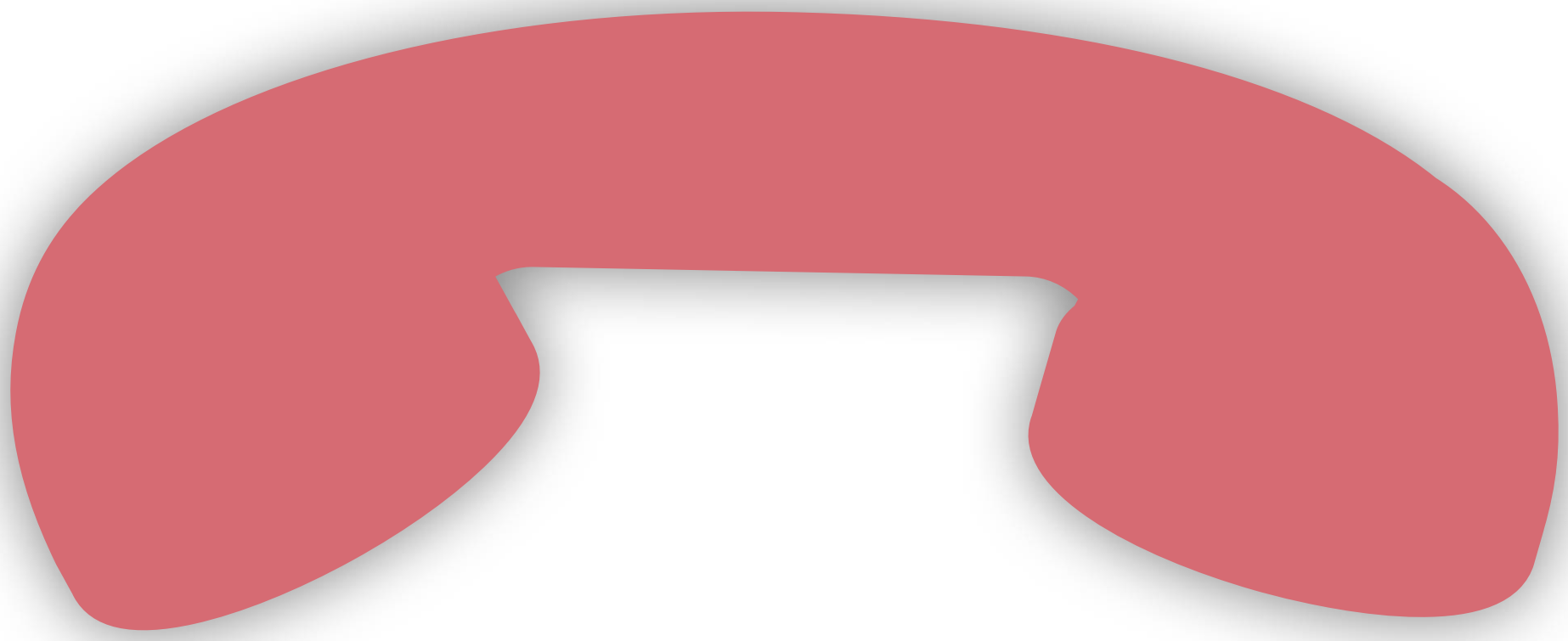




MANAGE AN INCIDENT

Always be aware of the potential dangers at an incident, never put yourself or other bystanders in danger, and if the incident is too dangerous to approach, stay back and call for emergency help.





CALLING FOR HELP

In many first aid situations, help from the emergency services may be required. Ensure you know which numbers to call

UNITED KINGDOM

868

USA

680

PHILIPPINES

973

AUSTRALIA

419

FRANCE

769

MALAYSIA

391

